



The Club Scrub Scrambler

When/Where: OCT 24, 2010/Jonathan Dickinson State Park in Hobe Sound, FL. Start/finish will be at the swimming hole.

Times: Check in starts at 8:30am. Pre-race meeting at 9:15 and race start at 9:30am. Awesome Post-race food provided by Cobblestone Cafe between 1:30 and 2pm!!!

Fees/Divisions: 4hr race – solo \$50 2p-\$100 you can race as 4P just register as two 2P teams

Register: on Active.com or mail registration form to: Green Paw Adventure Sports 6756 SE Amyris Ct. Stuart, FL. 34997. All mail-in registrations must be post marked on or before OCT. 20th **For race day registration add \$20 to all fees, and T-shirts / post-race food are not guaranteed.**

INFO: The race will be unmarked, and you will have to navigate with a map and compass. Basic navigation skills are recommended. The navigation will not be hard, but there will be some optional points that might be harder to find. This will be a bike/run only, **no paddling in this race**. Bikes are available for rent at South River Outfitters. www.southeriveroutfitters.com Plan (if you're really fast) to spend 1.5hrs of biking and running each for a total of 3hrs, most teams will spend 2hrs doing each for a total of 4hrs. You will get your maps at 7am check-in, the race will start at 8am all teams must be back at the finish by 2pm to get credit for all CPs(check points) collected. This is a Club Scrub sponsored race, and a perfect warm-up for the Leach/Lil-bleeder on Nov. 13th. For more info on the Leach visit www.clubscrub.org

Directions to Start/Finish: Jonathan Dickinson SP 16450 S.E. Federal Highway Hobe Sound, Florida 33455 (772) 546-2771 Once in the park follow the main park road as far west as you can go, the swimming hole is on the left.

Mandatory gear- Food/water to last 4hrs and a means to carry it (i.e. camelback), compass, whistle, folding knife, off-road bike, helmet, means to waterproof your map (a Ziploc will work, but not recommended), Cell phone for emergency use and means to waterproof it (see last parenthesis), and a marker/pen.

Any other questions E-mail Jason@greenpawadventuresports.com or go to www.greenpawadventuresports.com for race rules and more info. **Become a fan of Green Paw Adventure Sports LLC on Facebook to keep up with all the latest adventures!**